

## Build Quiz:

[https://www.youtube.com/watch?v=\\_l-sp7Ya5cE&feature=youtu.be](https://www.youtube.com/watch?v=_l-sp7Ya5cE&feature=youtu.be)

*Circle the best answer provided. Please forward this completed quiz into the Habitat for Humanity Chatham-Kent office. Thank you.*

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1. **Once everyone has arrived on site, but before work begins, you will:**
  - a) Meet the site supervisor or safety manager
  - b) Review safety procedures specific to the work being performed that day
  - c) Learn who is the qualified first aider and where to find first aid supplies
  - d) All of the above.
  
2. **Long pants are required on site because exposed skin increases the risk of injury. Short pants, sleeveless shirts and tank tops are:**
  - a) Preferred
  - b) Provided
  - c) Prohibited
  - d) Promoted
  
3. **Dress comfortably, but don't wear \_\_\_\_\_ or \_\_\_\_\_ clothing. Pants/overalls should fit properly and not have any cuffs to reduce the risk of injury.**
  - a) dirty, smelly
  - b) loose, baggy
  - c) hot, spicy
  - d) new, trendy
  
4. **Drink plenty of \_\_\_\_\_ and take \_\_\_\_\_ as needed to avoid heat exhaustion. Serious cases of heat injury can lead to life threatening heat stroke.**
  - a) water, steroids
  - b) soda, naps
  - c) water, breaks
  - d) juice, supplements

5. **Wear your required PPE – which stands for:**
- a) Protective Property Enforcer
  - b) Personal Prophecy Explainer
  - c) Programmable Pulse Emitter
  - d) Personal Protective Equipment
6. **Hard hats, safety glasses and ear plugs are provided. In addition, volunteers are required to wear their own:**
- a) OLG certified slippers
  - b) CSA certified, steel-toed footwear
  - c) NBA certified high tops
  - d) MLB certified cleats
7. **Wear gloves especially if you are carrying materials or involved in clean up activities. Hand protection is important in many cases to prevent \_\_\_\_\_ and \_\_\_\_\_, but is NOT recommended when using rotating tools that can \_\_\_\_\_ your glove and \_\_\_\_\_ your hand into the machinery.**
- a) crusts, bleachers, catch, release
  - b) cups, saucers, pull, push
  - c) cuts, blisters, catch, pull
  - d) leaks, drafts, fill, empty
8. **Hard hats are mandatory at all times while on the build site, no matter the task. Only hard hats approved by the \_\_\_\_\_ or \_\_\_\_\_ are allowed.**
- a) supervisor, safety manager
  - b) equipment manager, base coach
  - c) king, queen
  - d) mayor, counsellor
9. **\_\_\_\_\_ protection, although not mandatory, is provided and should be worn while operating or working near \_\_\_\_\_ equipment.**
- a) Foot, farm
  - b) Head, falling

- c) Hearing, power
- d) Eye, broken

10. **Before you go into a work area, survey the space to identify \_\_\_\_\_  
\_\_\_\_\_. There is a lot happening on a construction site, and you need  
to be aware of your \_\_\_\_\_.**

- a) illegal aliens, visitors
- b) potential hazards, surroundings
- c) family members, relatives
- d) stolen goods, rights

11. **On-site safety manuals typically include \_\_\_\_\_, which are  
available to review necessary precautions prior to using any products.**

- a) WKRP sheets
- b) MPAC sheets
- c) MSDS sheets
- d) OSSD sheets

12. **Implement the buddy system so you can keep an eye on one another. Don't be  
afraid to suggest that your "buddy" stop working if (s)he doesn't look well. If  
the \_\_\_\_\_ resists, alert the construction \_\_\_\_\_.**

- a) weather, network
- b) volunteer, supervisor
- c) criminal, police
- d) product, manual

13. **We want volunteers to \_\_\_\_\_ and \_\_\_\_\_ safe at all times. If you are  
asked to do something that you feel is unsafe, don't \_\_\_\_\_, and  
notify your construction supervisor.**

- a) look, act, stop working
- b) feel, smell, worry much
- c) be, feel, do it
- d) run, be, slow down

14. **Know what to do and where to go in case of an emergency. If you don't know  
what to do, ask to see the \_\_\_\_\_.**

- a) affirmative action plan

- b) first aid kit
- c) individual education plan
- d) emergency action plan

**15. All of the following are true, except:**

- a) If you are on a roof, you should never back up.
- b) You must know the location of the first aid kit and emergency contact phone list.
- c) You must be aware of your surroundings, especially when carrying long objects. Do not move in any direction where you do not have a clear line of sight.
- d) Since we have limited hand tools to share, please bring your own, even if they are in poor condition.

**16. All of the following are false, except:**

- a) Personal hand tools do not need to be approved by the site supervisor.
- b) Hand-made or modified tools are prohibited.
- c) Power tools are simple to operate and require no instruction before use.
- d) Tools do not need to be used correctly and can be used for unintended purposes.

**17. When inspecting power tools, make note of the following:**

- a) whether or not all cords are in good condition;
- b) that grounded tools have ground pins on their plug;
- c) safety guards are installed and in good working condition;
- d) all of the above.

**18. A serious injury can occur if you are not familiar with the correct procedure for operating a power tool. In general, if you use it correctly, you are using it safely.**

- a) True
- b) False

**19. When talking about power saws, which of the following is not true?**

- a) Always unplug when adjusting blades
- b) Never reach under material that is being cut
- c) As long as you are wearing safety glasses, protective guards may be

removed.

d) The piece you are cutting must be properly supported.

**20. When talking about power tools in general, which of the following is false?**

- a) Power cords and extension cords are potential trip hazards
- b) It is safest to use outlets with ground fault circuit interrupters (GFCI)
- c) Defective tools should be noted and flagged for repair and taken out of service.
- d) A power tool is safe to use if you can confirm that it was inspected the previous day.

**21. "Good housekeeping" on the build site refers to all of the following except:**

- a) neat and a well-ordered work space
- b) removing rough piles of dirt or unstable stocks of material
- c) a popular magazine
- d) putting away tools and throwing away trash to remove trip hazards

**22. All of the following are true, except:**

- a) Each volunteer is responsible only for his own personal safety.
- b) If you see something lying around, pick it up and put it away.
- c) If you see a mess, clean it up.
- d) If you see a nail sticking out of a board, remove it or hammer it down.

**23. Good fire safety includes:**

- a) storing flammable liquids in clearly marked containers and storing them properly
- b) good housekeeping on the construction site
- c) knowing the location of all fire extinguishers and learning how to operate them
- d) all of the above

**24. Good ladder safety includes:**

- a) standing on the top two steps of the ladder
- b) more than one person climbing a ladder at the same time
- c) using extension ladders near overhead power lines
- d) none of the above

25. Do not take ladders for granted. Always check the condition of the ladder before use. If you spot a problem with the ladder, alert your construction leader or supervisor.

- a) True
- b) False

26. When talking about ladders, the “4 to 1” rule is:

- a) 1 ladder can support 4 climbers at a time.
- b) 4 people must hold the ladder for 1 climber.
- c) For every 4 ft. of height, the ladder should be 1 ft. out from the house.
- d) For every 4 climbers, you must wait 1 hour before the next person can climb.

27. When using a ladder:

- a) stabilize the ladder using swivel spikes on solid surfaces like concrete
- b) face away from the ladder when climbing up or down
- c) both a) and b)
- d) none of the above

28. Lifting and carrying involve simple, but easy to forget rules, such as:

- a) hold load close to the body, lift with your knees, keeping your body as vertical as possible.
- b) don't underestimate the weight of an item. If it feels heavy or too bulky, ask for help to lift the object.
- c) always check for a clear walking path before you start your lift
- d) All of the above

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I, \_\_\_\_\_ have watched the build safety video and

*Volunteer Name (Please Print)*

understand the potential risks associated with a build site. I recognize that it is my responsibility to follow all site safety guidelines and to work safe at all times.

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**Signature**

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**Date**